



COVID-19 Protocol for Practitioners at Bristol College of Massage and Bodywork (BCMB)

Covers	All massage practitioners who see massage clients on BCMB premises
Date written	21 July 2020
Version	1.1
Review date	September 2020 and then 6 monthly or as required following updated guidance from government and GCMT

This document will help mitigate the current risk posed by Covid-19 as assessed in the BCMB Covid-19 Risk Assessment when massage practitioners treat clients at BCMB. It covers:

- What practitioners must do in order to treat clients at BCMB
- Entering BCMB premises
- Practice room environment
- Wider building use – kitchen, toilets, office
- Leaving BCMB premises.

This protocol is based on guidance from the Massage Training Institute (MTI) and the General Council of Massage Therapists (GCMT).

It is the responsibility of BCMB to provide a safe working environment for practitioners and their clients. It is the responsibility of the practitioner to ensure the safety of their clients, themselves and other room users by following this protocol and having their own risk assessment in place to use when working with clients.

1) What practitioners must do in order to treat clients at BCMB

BCMB requires that all practitioners must have produced their own risk assessment, including measures they will take to mitigate risk, in order to



practice at BCMB. **Practitioners will not be permitted to practice at BCMB unless this is in place.**

2) Entering BCMB premises

Practitioners are responsible for maintaining and monitoring safe social distancing for themselves and their clients when in the corridors of BCMB on arrival and departure.

- When practitioners arrive, they must wash/sanitise their hands
- When clients arrive, they will buzz to be let in. The practitioner will come and let them in (rather than buzzing them in via the intercom), wearing PPE, and take their temperature on arrival. If the clients' temperature is above 37.8 (as per GCMT guidance) then they must not be treated. If it is within accepted limits then they can be escorted through to the treatment room.
- Clients must wash/sanitise hands on arrival

3) Practice room environment

The responsibility of BCMB is to provide a safe working environment for practitioners and their clients. We will provide:

- Wipe clean couch covers to be wiped down between each client
- Disinfectant and blue roll to wipe down covers
- Couch roll and face favours
- Hand sanitiser to use before entering rooms
- A 'de-cluttered' room with only essential equipment in it.
- Bins for the disposal of PPE and couch roll/face favours

Practitioners are responsible for their own risk assessment which must cover and include the following as a minimum:

- Pre-screening clients before seeing them for COVID risk.
- Taking the clients temperature on arrival



- Correct implementation of PPE and hygiene measures as outlined in the MTI/GCMT guidance and in this protocol
- Following this protocol for entrance, egress and general building use
- Safe disposal of PPE

In addition, we expect:

- Each client to bring their own drape and blanket (if required) – BCMB drapes are not available for use.
- Windows to be opened to ventilate the room as much as possible
- Each practitioner to remove the bin bag at the end of their session and dispose of it in the large bins outside in the car park.

4) Wider building use

Kitchen

The kitchen will be closed for both client and practitioner use. Please advise your clients to bring their own water and/or hot drink, and do the same yourselves.

The only exception to this is if there is a need for the First Aid kit, the tool kit or cleaning supplies – in which case practitioners may enter the kitchen to gain access to these.

Cloakroom

The cloakroom will be closed to clients and practitioners. Please bring the minimum amount of belongings with you (preferably one bag), and please leave outerwear in your car if you can.

Toilets

The toilets will remain open. Practitioners and clients in Orange/Green rooms should use the toilet by the kitchen. Those in Blue room should use the main bathroom, and can access this via the corner door to minimise corridor traffic.



- Practitioners must use disinfectant spray to wipe down door handles and light switches after clients have used the toilet; and encourage them to do so before entering the practice room for their treatment.
- We have removed fabric towels so that only disposable paper hand towels are available.

Office

The office is out of use for practitioners unless there is an urgent need to use the phone or to pay for items from the BCMB shop.

If you are paying for items then please wipe down the card payment machine after use.

5) Leaving BCMB premises

Clients must wash/sanitise their hands on leaving the premises. Clients are to exit BCMB via the back door up the stairs (the Insight Law entrance) escorted by the practitioner. Once they have gone, the practitioner must:

- Wipe down the door handle and light switch
- Make sure the door is locked in the same way that it was found.

Practitioners can exit via the front door as usual, and must wash/sanitise their hands before they leave. The front door can be locked up as usual, and PPE bags disposed of in the outside bin.